

Crystal Cleansing & Charging Guide

A Gemplexity Soulcast Freebie

Why Cleanse Your Crystals?

Crystals absorb energy from everything around them.



Cleansing helps restore their natural vibration and effectiveness. Cleansing your crystals regularly, after intense sessions or emotional moments.

5 Easy Ways to Cleanse Your Crystals



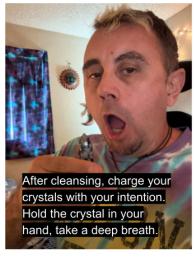








Charging Tips





Then bring it up to your third eye which is just above and between your eyes, and visualize light flowing into it. Speak your intention aloud or internally its intention your going for and really feel it in your heart.



Crystal Caution



Refer back to this guide often

Make this guide part of your crystal care ritual, print it off and put it somewhere to always reference it.

Your stones work hard - so show them love and they'll keep your field clear, aligned and vibrant.